

ADVENTUROUS JOURNEY 15 REQUIREMENTS

1

All journeys must have a clearly defined aim.

2

The group, for all journeys, must be no fewer than four and no more than seven members (eight for modes of travel which require tandem pairs).

3

All participants must have undergone suitable training to have the appropriate skills confidently to undertake their journeys.

4

All members of the group must be involved with the planning and preparation of their Practice and Qualifying Journeys.

5

All participants must undertake a minimum of one Practice Journey per level.

6

All journeys must take place on land or water; all team members must use a mode of travel that requires their own effort.

7

The environment chosen must be unfamiliar to all participants.

8

The distance covered on all journeys will depend on the terrain, weather conditions and ability of the group members. All group members must however undertake a minimum of 6 hours (for Bronze), 7 hours (for Silver) and 8 hours (for Gold) per day of purposeful effort.

9

On an Expedition, at least two thirds of the purposeful effort requirement must be spent journeying with the remainder working towards the overall aim.

10

On an Exploration, at least one third of the purposeful effort requirement must be spent journeying with the remainder working towards the overall aim.

11

All journeys must be supervised and assessed by suitable and experienced adults.

12

Accommodation must be in portable tents or simple self-catering accommodation such as hostels or huts.

13

All members of the group must carry sufficient equipment, food and water to be completely self-sufficient throughout their journey.

14

All participants must ensure that they prepare and consume a substantial meal each day.

15

On completion of the Qualifying Journey, the team is required to deliver a report to their Assessor.